WHAT SCHOOL WAS LIKE FOR ME



DIAGNOSIS

- 21 years
- Depression
- Struggling to live independently
- Weekly counsel sessions
- Referred to National autistic society
- Attended support groups
- One to one mentoring

NURSING

- Struggled for 4 years with no support
- Direct and indirect discrimination from the university and NHS placements
- Final placement witness to a life changing event
- Became whistle-blower
- Branded as a 'trouble causer' lost my career
- Mental breakdown

CURRENT SITUATION

- Live with my partner
- Small village
- Seeking employment with reasonable adjustments

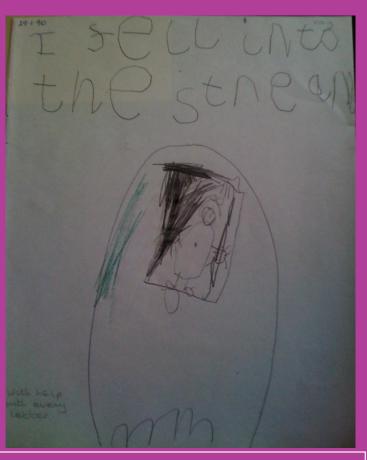
AGE 4 YEAR ONE

- Most eye opening reports
- Articulate,Eloquent
- Curious
- Enthusiastic
- Absorbed by art
- Individual



ART WORK AGED 3





YEAR 2 AGE 5

- Erratichandwriting mindworked quickly
- Lacked confidence
- Hobbies- social interaction
- difficulty new concepts
- Social imagination



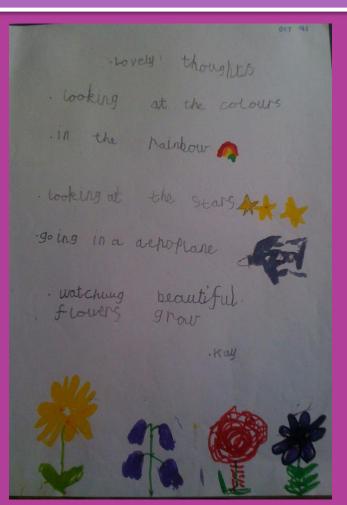
JUNIOR SCHOOL

- More pupils
- Children from a variety of backgrounds with various needs
- Given extra support
- Encouraged individuality
- Given activities for playtime



PRIMARY SCHOOL - YEAR 4 AGE 7

- Enjoys music
- Excellent actress
- Dislikes contact games
- Kind and moral caring
- Good rapport with adults



HOME LIFE

- Fussy diet
- Organisation/structure
- Bizarre behaviour at family gatherings
- Discipline
- Obsessions



PRIMARY SCHOOL YEAR 5 + 6

- Imaginative creative writing
- Lacks knowledge of maths basics
- Limited concentration
- 'Her anxieties may lead to problems with work and friendships'



YEAR 7 AGE 11 LOCAL HIGH SCHOOL

- Large comprehensive school
- Bottom sets of every class
- Bullied
- Dismissed as 'badly behaved'
- Grades dropped dramatically

PRIVATE SCHOOL

- Heavy discipline
- Academic importance
- Clear boundaries
- Smaller classes



- Immature writing
- Works very hard
- Rushed thinking
- Distracted
- Lacks confidence

- Works too slowly
- Lost motivation in some classes
- Immature Silly childish behaviour
- Sexuality
- Bullied



- 'Needs to stop fussing'
- Makes obstacles for herself
- Needs to control self
- Difficulty expressing ideas clearly
- Over anxious at times

HOME LIFE

- Relationship with brothers dysfunctional
- Didn't understand sarcasm
- Whole evenings spent doing homework
- Body image issues starved self
- Making keeping friends was a struggle

MY WEEKLY HOMEWORK

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Monday! Maths 340 to	Gray HOMEY	Wednesday History Art	Thursday Maths French	Friday
Mondayi Maths 345 to Drama	Grg KAY'S HOMEY	Wednesday History Art English	Thursday Maths	Friday English 34x5 2x
4smin/5	Grg KAY'S HOMEY	Wednesday History Art	Thursday Maths French	Friday English 34x5 2,0

- Social anxiety
- Predicted; average grades some fails
- Learnt text books off by heart
- Stayed at home
- Passed 9 GCSES A- C

HOW CAN YOU HELP?

- Be patient
- accept the constant state of anxiety
- It is not 'bad behaviour'
- Encourage interests
- Enable not disable

DON'T WRITE ME OFF

Don't write me off

First day of school, no one explained to me the unspoken rule

In a world of my own I begged to go home

'Listen more and daydream less!'

No matter what they thought, I tried my best

Behind in everything, slow for my age, my intelligence was trapped in a neurological cage

Stamping my feet, throwing myself to the floor, was the only way I got the release I longed for

Words were a blur, attention was short, and school was a nightmare – that's what I thought

Children all giggling, the teacher didn't understand

How to get through to my lonely land

With the simplest of instructions, I didn't know what to do

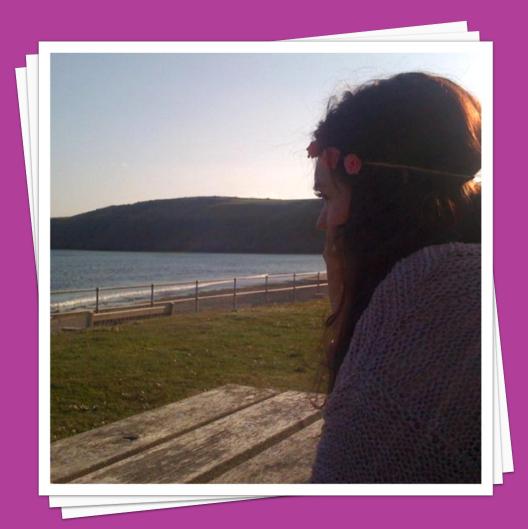
I screamed some more and another 'tantrum' I through

The rules of friendship were a puzzle to me

I didn't understand, why others weren't just like me

'Badly behaved' I was sent to the back of the class

Throughout my education this label would last



THANK YOU FOR LISTENING

Any Questions?