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The Whole School and Beyond

FOOD FROM THE FRINGE

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The School Fringe

WHAT PUPILS BUY AND EAT FROM SHOPS
SURROUNDING SECONDARY SCHOOLS

Key Findings

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Fringe > Canteen

- **More Pupils**
- **More Frequently**
- **More Calories**

CONCLUSION 1

School Feeding Reform At Risk Unless We Engage The Fringe

Popular Fringe Foods

TOP TEN CATEGORIES

1. **Sugared Carbonated Drinks**
2. **Sweets / Sugar Confectionery**
3. **Chocolate Confectionery**
4. **Chips**
5. **Crisps / Savoury Snacks**
6. **Cakes / Sweet Pastries**
7. **Sugared Still Drinks**
8. **Biscuits / Cookies**
9. **Sandwiches / Paninis / Wraps**
10. **Fried Chicken**

CONCLUSION 2

Fringe Food Contributes To Disruptive Behaviour

Policy Options

PUSH FACTORS / WITHIN SCHOOLS

Canteen Conditions
Competitive Prices
Stay-on-Site Rules

PULL FACTORS / BEYOND SCHOOLS

Local Action Groups
Improve Fringe Shops

BEHAVIOUR ISSUES

Monitor Supplement Trials