TURNING POINT
turning lives around

RightSteps

A model for Improving Access to Psychological Therapies (IAPT)

Sue Harris, Director of Market Development, Strategic Business

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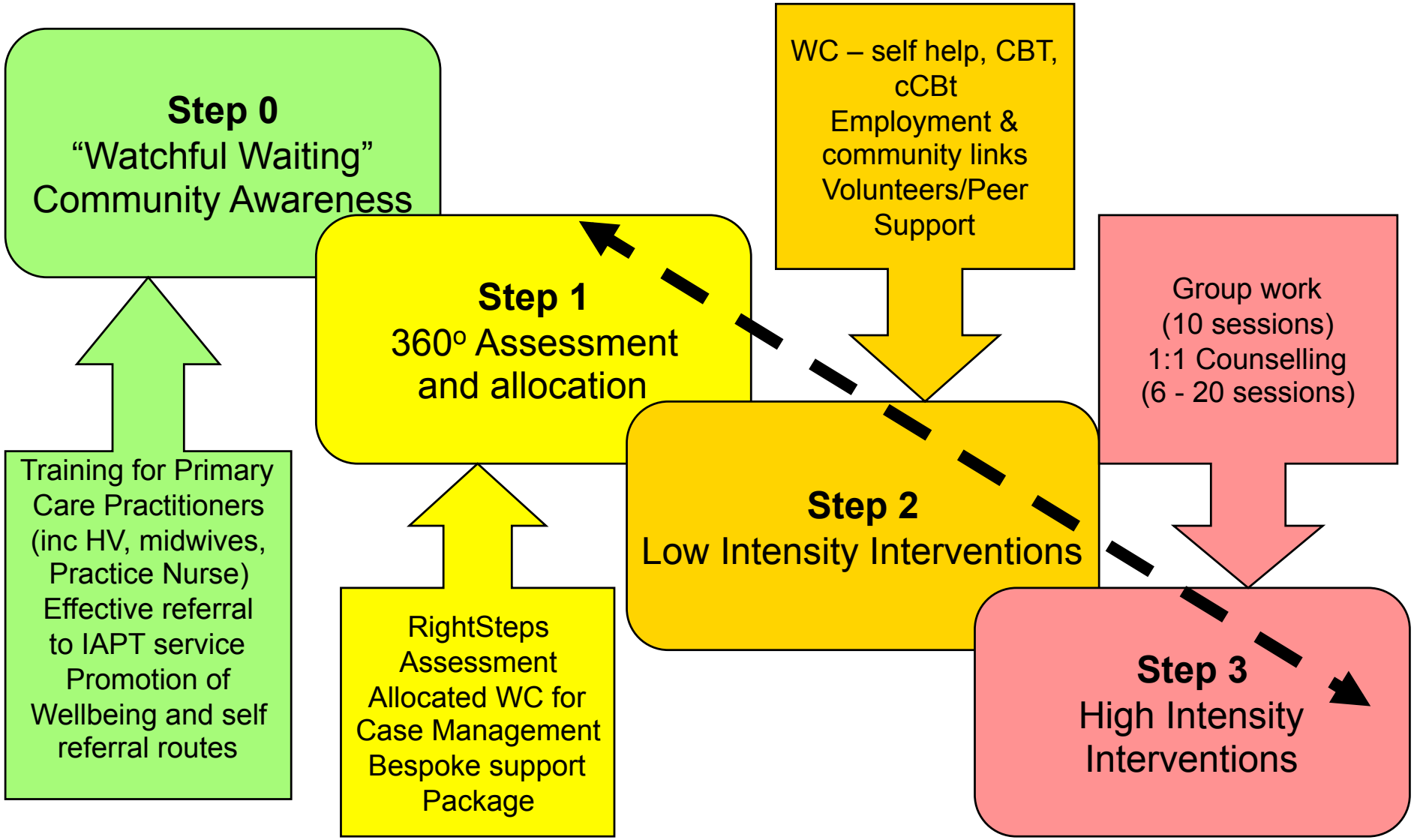
IAPT – a brief update

- Market is £173m by 2010/11
- Stepped care approach (NICE guidelines)
- Integration with employment services
- IAPT is more than just Primary Care Mental Health expansion it is an opportunity to work with individuals "upstream" to prevent deterioration in mental well-being and associated costs

RightSteps Kingston

Turning Point's response



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Referral Recordings

Referrals Recording

Referral Details | Assessment

Source of Referral: GP

Supply Referral HCP Details

HCP Name: Dr Mark Jones

Location: The Health Centre

Address: High Street, Hightown

Work Phone: 061 4545676

Mobile Phone: 0767 246738

E-mail Address: mj@healthcent.co.uk

Priority of Referral: urgent

Referred Date: 02/06/2008 *

Date of Receipt of Referral: 04/06/2008

Reason for Referral: Requires assessment

Referred To: Mary Angel ?

Status: Received

Referral Comment: Patient appears mildly depressed. Please assess and suggest suitable "next step".

Recording User : Mary Angel

Recording Date / Time: 23/06/2008 10:44

Save | Cancel

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GP summary

GP Details

Name:	Dr Green, Peter
Surgery:	Leopardstown Surgery
Address:	12 White Road Park 1 Leopardstown

Patient demographics

Name:	Mr Smith, John
DOB:	10/08/1965 Sex: Male
Hospital Number:	xxxxx
Address:	9 York Manchester

Assessment name	Score
Core - 10 (b)	19
PHQ - 9	11
GAD-7	7

Suicide assessment:	Low risk
On medication:	Yes
Previously referred:	Yes

Kingston - successes

- Partnerships between sectors
- Borough of Kingston – employment worker
- Involvement of GPs from start
- Pilot
- Recruitment
- Further innovations e.g. alcohol workers
- See RightSteps in action

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New ways of working

- RightSteps is based on risk and need not diagnosis
- Emphasis on wellbeing
- Stepped care approach means it can work with a wide range of need / complexity
  - Long term conditions (diabetes, lower back pain, heart disease)
  - Worklessness
  - Substance misuse/dual diagnosis