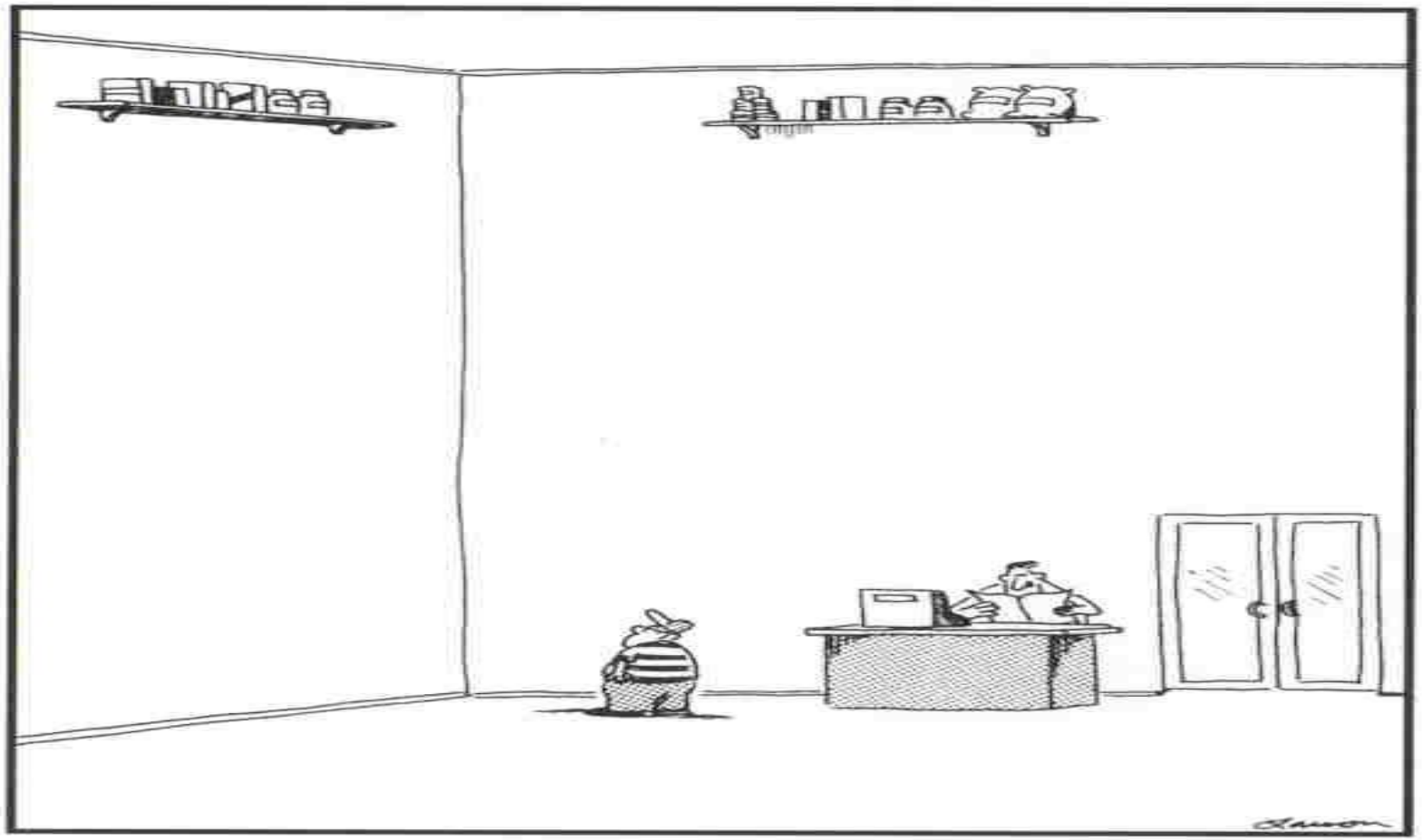
Department of Health

Personalising Services for people with LTCs

Stephen Johnson
Deputy Director – Head of Long Term Conditions
December 2009

LONG TERM CONDITIONS

A good service should look and feel right to the patient



Inconvenience stores

LONG TERM CONDITIONS

A few facts ……

In England over 15 m people have a long term condition:

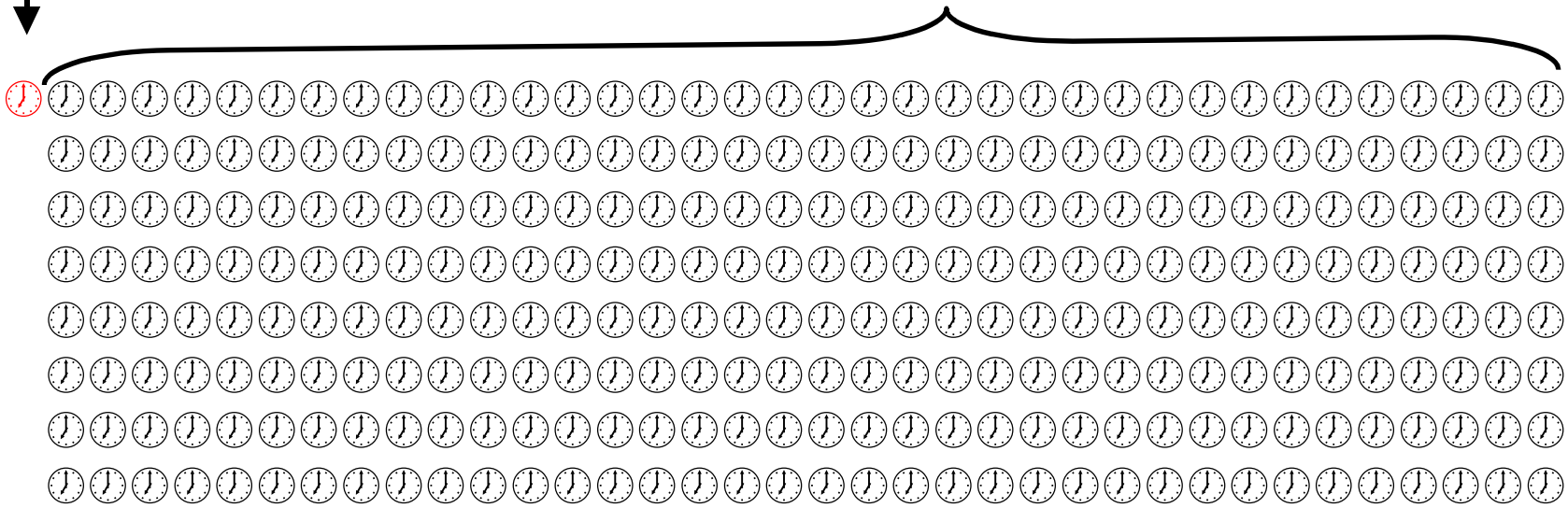
- **2m - Diabetes**
- **3m - Asthma**
- **2m – Coronary Heart Disease**
- **750k – Chronic Obstructive Pulmonary Disease**
- **850k – Stroke and transient ischaemic attack**
- **500k – Reumatoid arthritis.**

The numbers are set to increase in the next 5 to 10 years, especially co-morbitity.

Treatment and care of those with long term conditions account for 70% of the total health and social care spend in England, or almost £7 in every £10 spent.

Health care professionals may only interact with people with a chronic disease for a few hours a year…

the rest of the time patients care for themselves…



Key aims of the LTC strategy

LONG TERM CONDITIONS

Improved management of LTCs

Supporting people to achieve the best health and well being

Living life to the full with a LTC, not the LTC dominating life

LONG TERM CONDITIONS

Achieving key aims by….

Personalising services

Promoting self care and improve choices

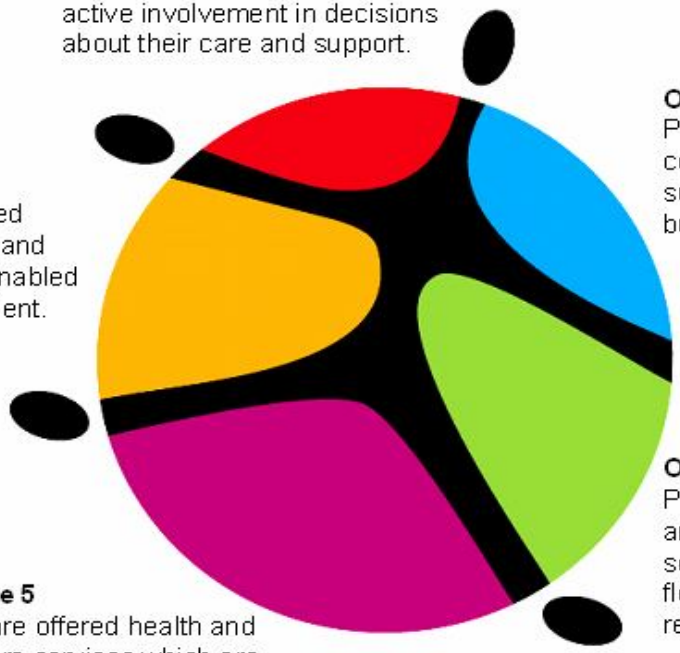
Make best use of new assistive technology

Meeting wider/holistic needs – seeing the “whole person”

Changing cultures, mindset – shift of power – equal partnership

LONG TERM CONDITIONS

The Vision
Outcomes for people with LTCs



Outcome 2
People are supported and enable to self care and have an active involvement in decisions about their care and support.

Outcome 3
People are have choice and control over their care and support so that services are built around their needs.

Outcome 1
People have improved quality of life, health and well-being and are enabled to be more independent.

Outcome 4
People can design their care around health and social care services which are integrated, flexible, proactive and responsive to individual needs.

Outcome 5
People are offered health and social care services which are high quality, efficient and sustainable.

LONG TERM CONDITIONS

Personalising services puts people at the centre of decision making about their care

LONG TERM CONDITIONS

Stephen Johnson

Deputy Director – Head of Long Term Conditions

0113 254 7362

stephen.johnson@dh.gsi.gov.uk