positivefutures

Positive Futures: sports and activities for social inclusion

Dr Rosie Chadwick

Director, National Programmes, Catch22

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Introducing PF…

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‘Positive Futures is not a conventional ‘diversionary’ or sports development project. It is a relationship strategy.’

Cul-de-sacs and gateways, 2003

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Introducing PF…

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Access to transport and material goods Achieve personal and social development and enjoy recreation Achieve strtching national education standards at secondary school Attend and enjoy school Choose not to take illegal drugs Develop positive relationships and choose not to bully or discriminate Develop self-confidence and successfully deal with significant life changes and challenges Engage in decision making and support the community and environment Engage in further education, employment or training on leaving Engage in law-abiding and positive behaviour in and out of school Enterprising behaviour Have security, stability and are cared for Healthy Lifestyles Live in decent homes and sustainable communitites Live in household free from low income Mentally and Emotionally Healthy Physically Healthy Ready for employment Ready for school Safe from accidential injury and death Safe from bullying and discrimination Safe from crime and anti-social behaviour in and out of school Safe from maltreatment Sexually Healthy

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Some learning from PF

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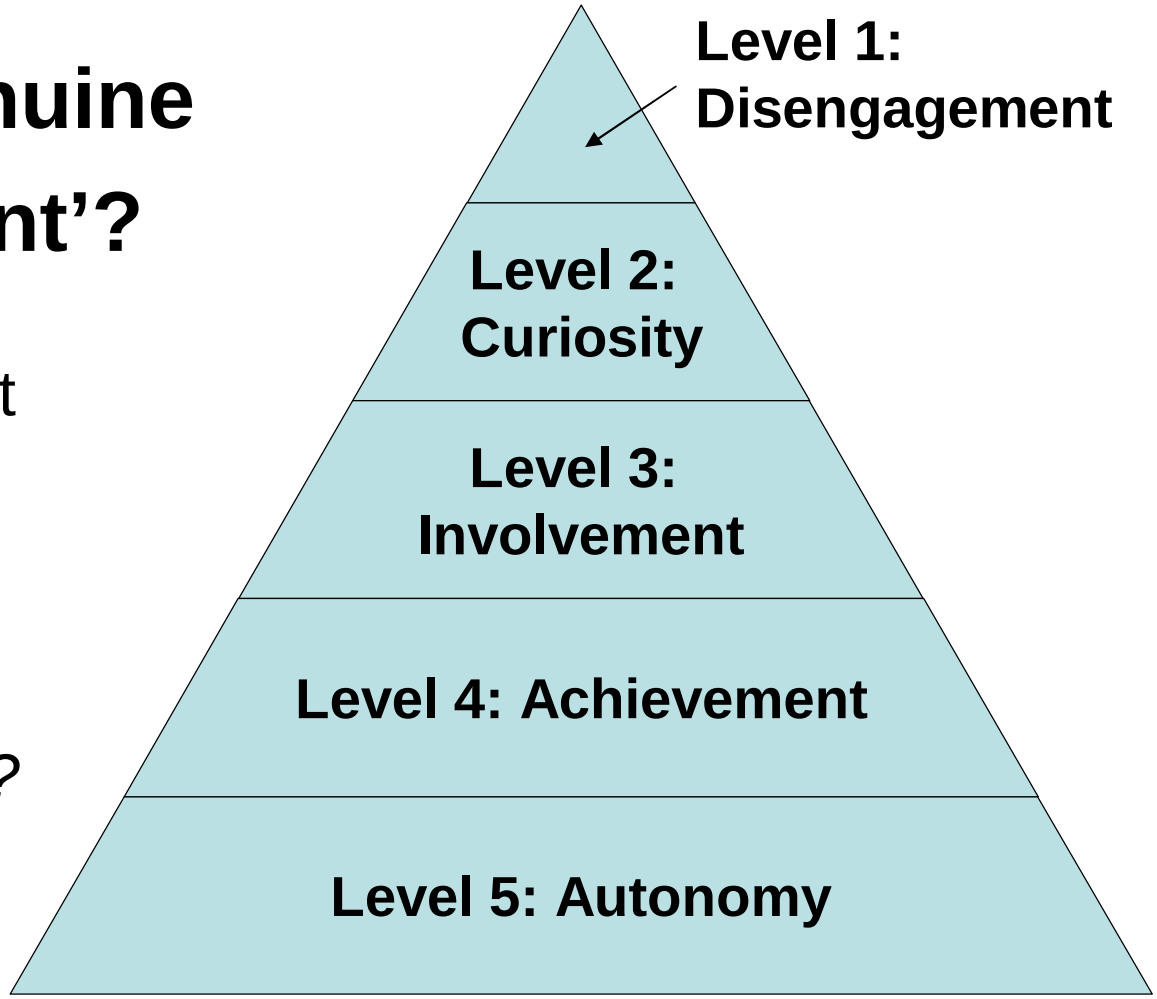
What is genuine 'engagement'?

For engagement matrix see Tim Crabbe et al, *positive futures: putting the pieces together?* 2007



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Some lessons from delivery

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- Relationship, relationship, relationship
- Best delivery is flexible, organic, participant focused, driven by passion and desire to enhance provision
- By communities, for communities
- Whose agenda? Whose definitions?
- Supporting staff to go beyond their comfort zones

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Whose definitions?

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Some examples from ‘Girls Get Moving’ Week

- Boxercise
- Caribbean dance
- Cheerleading
- Dance mats
- Ice skating
- Pampering sessions
- Parkour
- Pitch & putt
- Stable management

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Some challenges for commissioning

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- Unearthing the best delivery
- Accommodating flexible, organic development
- Working with open-ended outcomes
- Thinking – and acting - laterally

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