Enabling Midwives to work globally

Jane Hervé

Reasons for working globally

- Professional and personal development
- Supporting professional colleagues in other countries
- Improving health
- Reducing mortality and morbidity in developing countries

To try and deliver this outcome for women and babies

Aim of today

- To outline the importance of supporting our peers.
- To provide information about working globally.
- Highlight the challenges in Sub Saharan Africa.
- Tips for setting up a Link/Charity

midwives@ethiopia – our story

- Who are we?
- 6 Midwives – trustees of m@e
- Broad range of midwifery experience
  - Education, Management, Midwifery practice in different areas.
  - All have been to Ethiopia
- Previous experience in Ethiopia – SEGHL

midwives@ethiopia (m@e)

- New link – launched March 2012
- SO far –
  - Strategy, Fundraising strategy, bids, MOU, Charitable status, Marketing plan, first planning visit with partners, Nov 2012.
- Why need a new link in Africa?

- Because ……. This is theirs and our story

Ethiopia

Ethiopia

- Population of Ethiopia - 85 million
- Over 80% of the population live in rural areas.
- Rural areas have poor health facilities, equipment and numbers of trained staff.
- 90% of women give birth at home often without the help of a skilled attendant.
- Minimal access to clean water and sanitation
- Transport networks are extremely difficult especially in the rainy season. Transport is poor.
- Life is hard

STATISTICS

- The statistics focus your mind and make you want to help colleagues in other countries - working globally!

Maternal Mortality

- Each year more than 500,000 women die from complications related to childbirth. With good quality obstetric care approximately 90% of these deaths could be averted. Most of these occur in developing countries.

MATERNAL MORTALITY RATES (deaths per 100,000 live births)

- UK 8
- ETHIOPIA 470

CAUSES OF MATERNAL DEATHS

- Haemorrhage 25%
- Sepsis 15%
- Eclampsia 12%
- Obstructed labour 8%
- Unsafe abortion 13%

INFANT MORTALITY

There is an estimated
NINE MILLION CHILD DEATHS
world wide per year
BUT
The majority of these occur in
THE FIRST WEEK OF LIFE

Neonates in developing countries are
10 times more likely to die
than neonates in developed countries

Deaths under 5 (per 1000 live births)

- UK 6
- ETHIOPIA 109

Millennium Development Goals

MDG's and **m@e**

Relevant MDG's

- Improve maternal health
- Reduce child mortality

Associated MDG's

Reduce HIV

m@e – positives

- Working with colleagues in Ethiopia
- New midwifery led charity
- Focus on mothers and babies
- Supporting midwives in Ethiopia
- Many opportunities for the future
- Meeting people
- Working with a fantastic group of motivated women!

m@e – challenges

- Agreeing the logo
- Finances - applying for bids
  - bank account
- Contacts in Ethiopia
- Time constraints
- Trying to walk before we run!!

midwives@ethiopia

A midwifery led link with Ethiopian partners

Objectives

- To establish a firm foundation on which to build future initiatives.
- Trustees of the **midwives@ethiopia** will form new and build on existing partnerships in Ethiopia.
- To maintain and develop existing contacts and partnerships in SNNPR and Addis Ababa.
- To develop training programmes which are dynamic, interactive, student centred and culturally sensitive
- To design and develop programmes to meet the learning needs of those participating.
- Raise funds to support the work of the group.

Training programmes - what do we deliver?

CALVIN KLEIN JEANS

Vaginal Breech Birth

Birthing options for women

- Home – Traditional Birth Attendant
- Health Centres – midwife/nurse
- Hospitals – midwife/Obstetrician

- Travel times – vary and many families have no transport

GEDE'IINKE NOPHPHICHIXE BUKKIN
IJAARSENDEEXA 1ᴹᴱᴺ KUTA

Transport options

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አጠቃላይ ፍሎግራፊ
ሥራ እንሰራለን
PHOTO ABERA
GENERAL PHOTOGRAPH
SERVICE
Kadak

eRanger
LX200AG
eRanger

Equipment/Environment

Challenges and the effects on women and their babies

Hawassa University College of Health Sciences referral Hospital
Vital sign sheet
Vital Sign Sheet
HAWASSA

Ambu
Ambu SPUR
" ANC IS THE CORNER
STONE OF OBSTETRICS "
millennium

"MOTHERS BRINGING
NEW LIFE TO THE WORLD.
SHOULD NOT DIE IN THE
PROCESS"

The Ethiopian people

DROGBA

The football story – a message for us all.

Tips and Hints

- Work with like minded and committed people
- Be prepared to work hard
- Be prepared to network
- Democracy helps
- Respect each others skills and knowledge
- Set up the link/charity as a business
- Be prepared for frustrations
- Proactively look for and bid for funds.
- Have a good website
- Market your link/charity
- Look to the future
- Keep your feet on the ground
- Accept every opportunity – thanks to the RCM!!

Conclusion

- It's great.
- Its hard work.
- Its not always easy.
- You meet fantastic people.
- It makes you realise how lucky we are!!

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- A great project we are all very proud of.
- So many ideas for the future –
  - MLU
  - Community work
  - Orphanage
  - Opportunities for students and others

Thank you for listening

- Remember – we can all make a difference to women and babies across the world.

- We don’t all have to travel to Africa to make a difference – women in the UK need good midwives too.

midwives@ethiopia

“If you want to go fast, go alone; if you want to go far, go together.”

African Proverb

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- **Website: midwives-ethiopia.org.uk**