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Baby Stars

Using the NBO and NBAS in the Middlesbrough/South Tees Area

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Patients are central to everything we do

- **"Drivers"**
- NSF Standard 1:

  Promoting Health and Wellbeing, Identifying Need and Early Intervention.

- NSF Standard 9:

  The Mental Health and Wellbeing of Children and Young People

- The Health Child Programme (DoH 2009):
  …….the NBAS " promotes sensitive attuned parents".
- NICE guidelines (Perinatal mental health)

- Health Visitor Implementation Plan
- Grasping the Nettle: early intervention for children, families and communities.
- Health Visiting Matters: re-establishing health visiting
- Public Health Outcomes Framework for England 2013-2016

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Baby Stars – NBAS/NBO overview

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“The handbook is in front of us. The guidelines are there in the baby”

K.Nugent from “More than words can say”

- The NBAS is an examination of reflexes and behaviours that tiny babies demonstrate between birth and 8 weeks. (Brazelton 1995)

- The NBO concentrates on the behaviours that babies demonstrate and the impact of these behaviours on their care needs.

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- The assessment is interactive and focuses on the baby's strengths. It highlights the many complex tasks a baby can do and can help parents understand their baby's likes and dislikes.
- The examination can help us see issues from the baby's perspective and can help with resolving difficulties in settling, sleeping, feeding and comforting.
- The assessment helps promote the parent-infant relationship.

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History in Middlesbrough

Me!

Sure Start – “Baby Stars”!

Main-streaming

Health needs assessment

Funding

Training – 2 waves

Literature (leaflets/certificate)

Policy/Standard OperatingProcedure

STANDARD OPERATING PROCEDURE

- Definition/scope
- Facilities
- Referral
- Common Assessment Framework
  - child developmental needs
  - parenting capacity
  - family and environmental factors

Evaluations

- Initial (Sure Start) – qualitative
- Links to Teesside University
- Ongoing evaluation (NBO format)

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