



# Cambridgeshire Traveller Health Team





### **Definition of 'Traveller'**

As far as the traditional Travelling communities are concerned, Gypsy status is ascribed at birth. It is impossible to become a Gypsy and impossible to stop being one.

A strong emphasis on family values, self-employment and the nomadic tradition also distinguishes the Travelling communities.

In law Gypsies, Roma and Travellers of Irish heritage have legal status as ethnic groups.

Traveller Health Team (THT)



#### **Huntingdon**

**South Cambs** 

Cottenham

Willingham

Blackwell

St Ives St Neots

### **Fenland** Wisbech March Chatteris ECF/4 Fen Road Whaddon Bassingbourn, Melbourn stroller of Her Maiesty's Stationery Office @ Crown copyright.

#### **East Cambs**

Ely Witchford Wentworth Earith Bridge



### **British Heart Foundation Project**

- ◆£70,000 Fenland Project
- ◆£30,000 Medical Review Assessment Project piloted with local GP Surgery
- ◆£40,000 1:1 literacy in Fenland targeting 25 people over 3 years



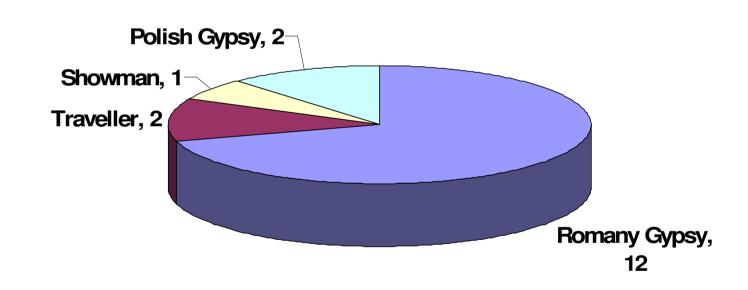
### **Engagement with Travellers**

- ◆THT established 4+ years and have earned trust of Traveller communities
- ◆ Volunteer Health Champions are from the community and have 'grown' in knowledge and confidence over the course of the past year. By attending local community events they have reached a lot of individuals with healthy lifestyles messages
- Literacy support and health checks are available, free and tailored to the needs of the individual

# Project Statistics 1<sup>ST</sup> Year



**Literacy Clients Ethnicity** 



■ Romany Gypsy
■ Traveller
□ Showman
□ Polish Gypsy

### **Medical Review**





- 1:1 with specialist nurse in clients own home
- Review medicines currently being used for Heart Disease to understand if being used correctly

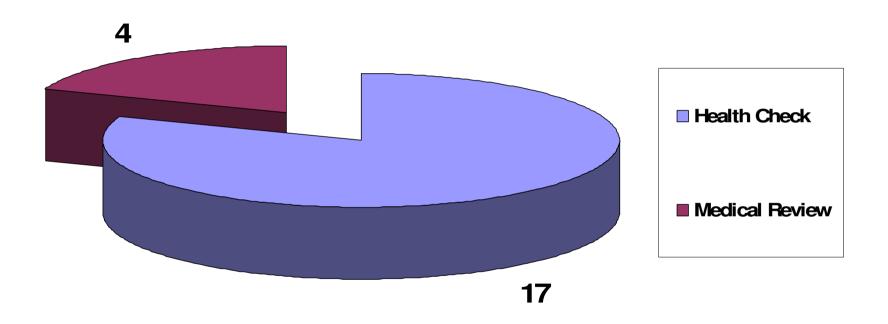


### **Health Checks**



- ◆ 1:1 in clients own home
- Diabetes
- Cholesterol
- Height
- Weight
- ◆ BMI
- Referral to GP

# Health Checks & Medical Review Statistics 1st Year



| Cambridgeshire | County Council



# 1:1 Literacy Project



1:1 literacy for adult learners over a three year project

25 learners over the duration of the project

1hr a week with tutor in their own homes

Progression onto Functional Skills Modules at appropriate level



# **Volunteer Health Champions**



Heart Start & Pass it on

Two volunteers from the Traveller Community giving out Hearty Lives messages at local community events

18 events covered in first year of project

Volunteer received British Heart Foundation Hero's Award 2013!





rose.wilson@cambridgeshire.gov.uk

### **Shaynie Larwood-Smith**

Lead Nurse Gypsy & Traveller Health Cambridgeshire County Council Telephone: 01353 865462 / 07771 896424

shaynie.larwood-smith@cambridgeshire.gov.uk